

Level 2/3 Certification Training Course Outline

RECOVERY - 3 - CLASS OUTLINE

1. *RECOVERY FUNDAMENTALS*

- . SCENE
 - Survey
 - Calculate
 - Explain
 - No's
 - Execute
- . Working area

2. *RESISTANCE*

- . Various types of resistance
- . Rolling and Damage
- . The "Hard Number"
- . Calculating Weights

3. *THE FLOW CHART*

- . Using knowledge of resistance
- . Resistance problems

4. *FUNDAMENTAL WINCHING OF CARS*

- . Cruse Loop, Front , Rear and Side

5. *FUNDAMENTAL UP-RIGHTING OF CARS*

- . Roll-Over stick

6. *FUNDAMENTAL UP-RIGHTING OF TRUCKS*

- . Parallel Up-Righting of Straight Trucks
Buses and RV's

7. *ON THE SCENE*

- . Awareness and Conduct

8. *REVIEW and EVALUATION*

- . Closing comments and Examination